Reflections on Community Conversations at the Local level

- **ACTION**: To initiate social discourse that supports global solidarity & local action.
- A small group from 6 Rural Communities met several times to determine the
 - What,
 - \circ Where
 - How of starting 'public' conversations exploring issues of human & environmental wellbeing



Our Process

- Creating & Testing tools geared to initiate conversations around human & Environmental Wellbeing
 - Questionnaires to assess one's reality regarding well-being
 - Creating Topic Cards to frame Well-Being Issues & stimulate brainstorming/consultation
 - Creating a safe public space conducive to consultation
 - Attract people to such a meeting

Our Obstacles Moving into Public Sphere

- Apprehension
- Lack of confidence
- Lack of certainty regarding Interest/awareness in our communities

Our Actual 'Lines of Action' First Step

Exploration of Community Well-Being Topics for Community Conversations

Human Well-Being & BASIC NEEDS seemed a good starting point.



A Gallery of Potential Community Vision Topics Pick 1 or 2 topics to brainstorm & consult on (Topic cards provided)

In a sustainable, thriving community.....

- Food
- Health
- Shelter
- Air
- Land & Soil

Water

- Knowledge & Education
- Work & Employment
- Spiritual Capital

- The Family Unit
- Community
- The Commons
- Carbon
- Biodiversity
- Transportation
- Globalization
- Regional/Local Economies
- Energy
- The Arts
- Fiber & Clothing

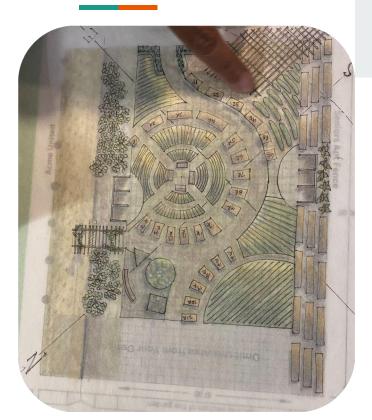
Second Step:

PRACTICE elevating conversations around human & environmental well-being. Discovered that Food & Shelter were already part of the public discourse & thus good places to start.

FOOD Family Nutrient Healthy Dense Friends **Balanced** Home Visits diet Reflection Meetings Local In our Abundant Affordable communities

Guiding Principle: Law of Oneness-Human Right

Third Step ACTIVELY LOOK for & get involved in Human and/or Environmental initiatives in our communities.



Example 1: Mount Forest Community Garden Addressing Food Insecurity



Example 2: Become Citizen Representative on Township of Southgate Aff<u>ordab</u>le, Attainable Housing Committee; and,

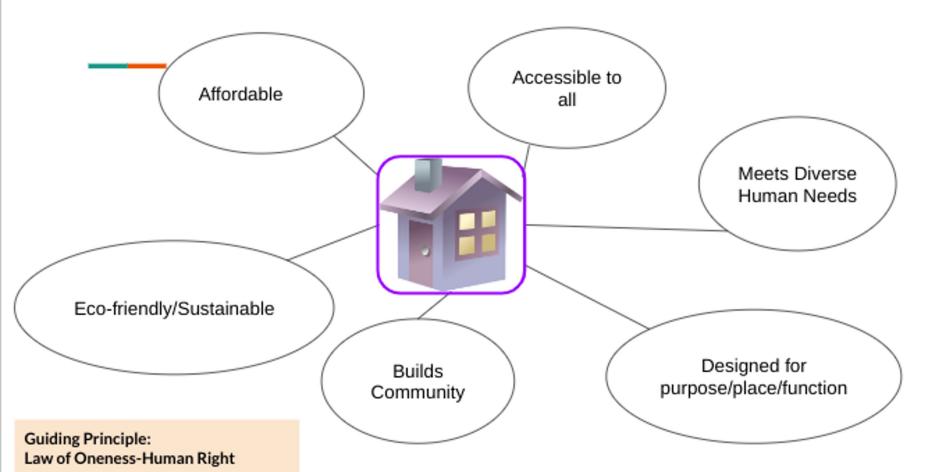
Example 3: Join the Institute for Southern Georgian Bay A Citizen-led Think and Do Tank

Social Finance & Affordable Housing and Sustainability & The Green Economy

Both addressing Housing Issues:

- Lack of Affordable Housing for low to middle income families
- Growing homelessness

SHELTER

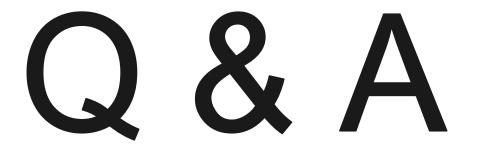


Potential Ongoing Actions

- 1. Continue the development of tools that can assist local communities as they strive to read their local realities
- 2. Continue to clarify the values/spiritual principles in play today
- 3. Share the learning of efforts intended to stimulate meaningful conversations & positive public discourse at the local level, replacing apathy & despair with a hopeful vision for the future.
- 4. Connect global efforts & United Nation SDG's to national & local efforts to improve material & spiritual well-being by focusing on a triple bottom line of economic, social & environmental well-being.

The Value Added

Reorienting the essential relationships that affect all of our individual & collective lives to reflect the spiritual principles for this day ensuring that all people benefit.

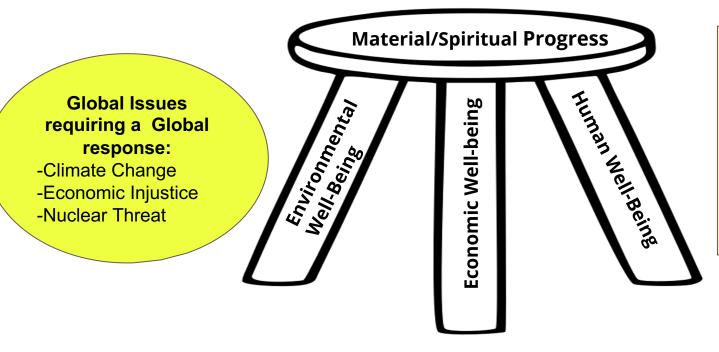


The Triple Bottom Line!

What is a Well-Being Economy?

Which is to Value Human & Environmental Well-Being as Wealth

• to include the sources of our wealth: the land, water & air, our knowledge, trustworthiness and talents



Individuals, Communities & Social Institutions must be informed of both global & local realities & work together for common purpose